



LITTLE COMPANY OF MARY  
BARIATRIC SURGERY CENTER



MIDWEST BARIATRIC INSTITUTE™

# Pre-operative Test

Please complete the following examination, answer each question carefully. Your answers will help us to be certain that you fully understand the information and clarify for you the information which has been provided to you about your operation.

- True    False   1. It is important to eat high protein foods such as eggs, cheese, fish, and chicken following the LAP-BAND®, since malnutrition can occur.
- True    False   2. There are no other operations or programs for obesity available, except the LAP-BAND.
- True    False   3. Weight loss with the LAP-BAND is typically slower and more patient dependent than other weight loss surgeries.
- True    False   4. Clots may form in the legs or pelvis, which can break off and float into the lungs. These can cause breathlessness or chest pain, and can be fatal.
- True    False   5. It is important to exercise and to avoid snacks after the LAP-BAND.
- True    False   6. After the LAP-BAND, patients are guaranteed to permanently lose weight.
- True    False   7. Diabetes, high blood pressure, back pain and similar ailments always get better after LAP-BAND.
- True    False   8. When serious complications occur, Intensive Care, for short or long term may be necessary.
- True    False   9. Re-operation may be necessary due to bleeding, gastric perforation, prolapsed band, erosion of the band, port site infection, or esophageal dilation.
- True    False   10. LAP-BAND is a cure for obesity, and afterwards patients can lead a normal life without regular medical care.
- True    False   11. After LAP-BAND, the patient is committed to taking vitamins and mineral supplements, possibly including vitamin injections for life.
- True    False   12. Some patients may not lose weight after the LAP-BAND.
- True    False   13. LAP-BAND surgery is an easy operation, and not a very serious or risky procedure.
- True    False   14. Patients don't usually feel nauseated, or vomit, after the LAP-BAND.
- True    False   15. Complications only occur in the hospital. After discharge, medical problems are unlikely, so it is important not to bother the doctor with minor problems.
- True    False   16. Surgery has nothing to do with emotions, so dangerous depressions cannot occur after obesity surgery.
- True    False   17. Patients can be quite uncomfortable or miserable for the first 24 hours after surgery.
- True    False   18. After a LAP-BAND, a person can eat as much of any kind of food as he wants and not gain weight.
- True    False   19. In the United States, approximately one out of one hundred patients who have obesity surgery dies.
- True    False   20. After the LAP-BAND, nutritional problems with protein, iron, vitamins, body salts and minerals may occur.
- True    False   21. Serious complications requiring additional surgery may occur after this operation.
- True    False   22. After surgery the diet will gradually advance from clear liquids, to full liquids, to soft foods over the course of 6 to 8 weeks.
- True    False   23. I have been told by my surgeon that I must have this operation if I want to lose weight.

Date

Signature

Witness