



LITTLE COMPANY OF MARY
BARIATRIC SURGERY CENTER



MIDWEST BARIATRIC INSTITUTE™

Pre-operative Test

Please complete the following examination, answer each question carefully. Your answers will help us to be certain that you fully understand the information and clarify for you the information which has been provided to you about your operation.

- True False 1. It is important to eat high protein foods such as eggs, cheese, fish, and chicken following the Gastric Bypass, since malnutrition can occur.
- True False 2. There are no other operations or programs for obesity available, except the Gastric Bypass.
- True False 3. Staple or suture lines may leak, and may result in infection, or an opening between the stomach or intestines, and the skin.
- True False 4. Clots may form in the legs or pelvis, which can break off and float into the lungs. These can cause breathlessness or chest pain, and can be fatal.
- True False 5. It is important to exercise and to avoid snacks after the Gastric Bypass.
- True False 6. After the Gastric Bypass, patients are guaranteed to permanently lose weight.
- True False 7. Diabetes, high blood pressure, back pain and similar ailments always get better after obesity surgery.
- True False 8. When serious complications occur, Intensive Care, for short or long term may be necessary.
- True False 9. Re-operation may be necessary due to bleeding, hernias, ulceration, bursting of stitches or staples, leakage, blockage of the intestines or other causes.
- True False 10. Gastric Bypass is a cure for obesity, and afterwards patients can lead a normal life without regular medical care.
- True False 11. After obesity surgery, the patient is committed to taking vitamins and mineral supplements, possibly including vitamin injections for life.
- True False 12. Some patients do not achieve long term maintenance of their weight loss.
- True False 13. Obesity surgery is an easy operation, and not a very serious or risky procedure.
- True False 14. Patients don't usually feel nauseated, or vomit, after the Gastric Bypass.
- True False 15. Complications only occur in the hospital. After discharge, medical problems are unlikely, so it is important not to bother the doctor with minor problems.
- True False 16. Surgery has nothing to do with emotions, so dangerous depressions cannot occur after obesity surgery.
- True False 17. Patients can be quite uncomfortable or miserable for the first 48 hours after surgery.
- True False 18. After a Gastric Bypass, a person can eat as much of any kind of food as he wants and not gain weight.
- True False 19. In the United States, approximately one out of one hundred patients who have obesity surgery dies.
- True False 20. After the Gastric Bypass, significant nutritional problems with protein, iron, vitamins, body salts and minerals may occur.
- True False 21. Serious complications requiring additional surgery may occur after this operation.
- True False 22. After surgery the diet will gradually advance from clear liquids, to full liquids, to soft foods over the course 6 to 8 weeks.
- True False 23. I have been told by my surgeon that I must have this operation if I want to lose weight.

Date

Signature

Witness