

Rounds



LITTLE COMPANY OF MARY
HOSPITAL AND HEALTH CARE CENTERS
In Pursuit of Pain-Free Health CareSM

May 4, 2007 — Happy Hospital Week! Happy Nurses Week!

Medical Staff Lounge Open House and Doctors Day

Charlene Luchsinger, Business Development

On behalf of the Business Development Department, thanks to all those individuals and departments that made Doctors' Day a huge success. The festivities began with a phenomenal breakfast buffet, a blessing, music from our choir, and a fabulous lunch buffet.



More than 100 doctors joined in celebration of National Doctors' Day and the renovated Medical Staff Lounge. You may spot some of our physicians modeling a one of a kind gift. Special early editions of the 2007 Physician Directory were also provided to the doctors.

The most anticipated event was the Oscar Ceremony. In addition to recognizing our doctors' clinical talents, employees nominated physicians in other performance categories. The nominees and winners(*) are:

Most Likely to Play a Doctor on TV

Dr. Thomas J. Quinn*
Dr. Sujith Sundararaj
Dr. Richard Farrell



Least Likely to Need a Handwriting Interpreter

Dr. Ajay Bajaj*
Dr. Edgar Lerma
Dr. John Hurley

The Smile That Can Cure Whatever Hurts

Dr. Sujith Sundararaj*
Dr. Evan McLeod
Dr. Thomas J. Quinn

Most Likely to Tickle Your Funny Bone

Dr. Kent Armbruster*
Dr. Joseph Mularczyk
Dr. Nicholas Rizzo



The Voice That Could Calm Any Storm

Dr. Evan McLeod*
Dr. Jayanthi Ramadurai
Dr. Maria Sanchez

Most Likely to Have Golf Clubs in Car

Dr. Thomas Waidzunus*
Dr. Frederick Wohlberg
Dr. Brian Farrell

Most Likely to Win on Jeopardy

Dr. Soterios Polychronopoulos*
Dr. Jayanthi Ramadurai
Dr. Godofredo Carandang

Most Likely to Win on Survivor

Dr. Robert Gasior*
Dr. Michael Schwartz
Dr. Sujith Sundararaj

Best Dressed

Dr. Mohamed Nahhas*
Dr. John McClellan
Dr. Subramanian Rao



White Sox Lottery Plans

Mike Fleming, Public Relations and Marketing

The Employee Activity Committee Has received tickets to two Chicago White Sox games at US Cellular Field. We will be watching the Sox play the Cubs in a Cross Town Classic game on Sunday, June 24, time TBD, and the Boston Red Sox on Friday, August 24, at 7:11 p.m. We will be sitting in the upper deck reserved area along third base for both games. Cubs tickets are \$30 each, Red Sox tickets are \$25 each (bus **NOT** included).

Due to the anticipated demand for tickets, there will be a lottery to determine your place "in line" to buy tickets. You can enter the lottery for each game once. Anyone found entering more than once will have all entries voided.

You can fill in a lottery ticket on May 15 and 16 only. Employee Activity Committee members will be outside Cafe 95 from 7 to 8 a.m., 11 a.m. to 1 p.m. and 3 to 4 p.m.

Lottery "winners" can buy up to four tickets per game. Selected names will be announced via Meditech on Monday, 21, along with payment instructions and bus ticket information.

Welcome Aboard

Mandee Delso, Human Resources

Resources

We welcome the following new employees who joined us at March 26 orientation:

Patricia Ann Barker	3 Northwest
April Barnes	2 South
Lisa A Bauer	Radiology
David Beleckis	Hospice
Rachel Brown	Environmental Services
Lisa Brumfield	2 South
Latisha M Clark	Sleep Disorder Center
Lene'a Conway	2 South
Darcy Folliard	General Lab
Adriana Guzman	Respiratory Therapy
Louise Hornback	Environmental Services
Giedre Jarmontaviciute	Phlebotomy Central
Justin A Jonusas	Transportation
Cristina Malit Juachon	2 South
Malgorzata Kapturska	General Lab
Michael Kleinhaus	Engineering
Elizabeth Kruger	3 Southwest
Dorothy Louise Kuiper	Phlebotomy
Samantha Logan	3 Southwest
Kathleen Mahoney	Central Transportation
Cynthia M. Masias	Pharmacy
Andrew F. McDonald	Central Transportation
Elizabeth L. Mcknabb	Emergency Room
Jennifer Murphy	Radiology
Timurs Ostrovskis	Ultrasound
Rebecca C. Pentz	Phlebotomy
Susan Piaskowy	Physical Therapy
Bryan Schaffbuch	Emergency Room
Kimberly L Sims	Gift Shop
Thien H. Sylora	Pharmacy
Bette J. Vail	Ambulatory Clinic
Jessica Wiley	Oak Lawn
Dannyell Wilson	2 North
	2 South



Good Dogs

Joanne Connors, Ultrasound

Congratulations to Bob Connors of the Telecommunications Department. His black lab Casey placed first in the US Open Bird Dog Championship in Hayward, Wisconsin, April 12 - 15. His puppy Ammo placed second in the Puppy Division. On weekends, Bob travels throughout the midwest competing with his labs in Retriever Competitions. He has appeared on "Tournament Hunter Television" on cable's Outdoor Channel.

Morning of Spiritual Reflection

Sue Petrouski, Province

The Little Company of Mary Sisters invite everyone, including friends and neighbors to a morning of spiritual reflection on Sunday, May 19, from 9 to 11 a.m. in Cafe 95.

Our topic is "Mary — the Baltimore Catechism, Notre Dame Football and the Mid-Life Crisis." This two-hour reflection offers an opportunity to step back and focus on our spiritual self-development. Doors open at 8:30 a.m., with a continental breakfast and the presentation begins promptly at 9 a.m.. Please call Susan Petrouski in the Province Office at ext. 5095.

Blood Drive Success

Mary Hupke, Laboratory

Thank you to the 58 people who presented to donate blood. We were able to successfully collect 49 units of blood. This is a record for Little Company of Mary. The 49 units of blood can be processed into 196 individual components for transfusion.

Tabatha Becker from 3 Southeast won the bonus day, and Eileen Zavala from MDC and Vince Cesaro from Physical Therapy won massages.

Our next blood drive is Wednesday June 20.

LifeSource is sponsoring a new program "Replenish the Supply." It is a blood program for patients, families and friends who have been touched by the need for blood. It is a way to heal, give back and share the joy of life.

If you have a suggestion for a:

- * Honorary Drive in support of patients currently receiving treatment;
- * Memorial Drive organized in memory of a deceased loved one who received blood;
- * Celebration of Life Drive to honor healthy and/or remission patients.
- * Celebration of a Milestone Drive to commemorate all patients and employees currently undergoing any type of treatment;

Please contact me at ext. 5828.

Thank you again for your support.

Corrections

Two additional errors appeared in our April 6 issue.

Beth Vaclavik's name was misspelled in both the Relay for Life and Resource Library Affiliation stories.

We apologize for the errors.

Hospital Week 2007
"Care You Count On, People You Trust."

Nurses Week 2007
"A Profession and a Passion"

Monday, May 7

Distribution of Hospital Week Gift

Employee of the Year Reception at 2 p.m. in Café 95

Hospital Week Raffle Begins

Raffle tickets will be sold all week. Proceeds will go towards the purchase of the Angel of Hope for our Cherished Angel Memory Garden. Prizes will include a mountain bike, Cardinal Fitness membership, Great America tickets, and a massage gift certificate.

Tuesday, May 8

Wellness Events

Fitness Club sign up from 11:30 a.m. to 2 p.m. on the Ground Floor

Smoking Cessation Information will be available

Free Ice Cream or Granola Bars at 11 a.m. to 2 p.m., 4:30 p.m. to 7 p.m., 10:30 p.m.

Wednesday, May 9

Blessing of the Hands at noon in the Chapel

Service Award Banquet at Gaelic Park 5:30 p.m.

Thursday, May 10

Dollars for Denim Day

Karaoke in Café 95 from 11 a.m. to 2 p.m.

Employee Picnic in Café 95 11a.m. to 2 p.m., 4:30 p.m. to 7 p.m., 10:30 p.m.

Friday, May 11

Speaker on Employee Wellness 10 a.m. and 2 p.m., Health Education Center, C-Wing

Free Water and Fountain Beverages all day in Café 95

Diabetes Technology Update

Deborah Murray, Diabetes Center

A Diabetes Technology Update will be held on Thursday May 10 from 7 a.m. to 4 p.m. on 4 South in the Rotunda and Day Room. Come and see the latest in insulin pens, insulin pumps, and glucose meters.

CME Program

Kelly Cusack, Public Relations and Marketing

"Optimizing Outcomes for the Severe Sepsis Patient: Managing the Challenges," will be presented by Robert W. Taylor, M.D., Director of the Critical Care Medicine Subspecialty Residency Training Program at Saint Louis University.

The program is Wednesday, May 9 from 4 to 6 p.m. in Cafe 95. One AMA PRA Category 1 CME Credit is available. Physicians and nurses are encouraged to attend.

Call Gretchen Madsen to RSVP at 708.229.5299.

The University of Chicago Pritzker School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The University of Chicago Pritzker School of Medicine designates this educational activity for a maximum of 1 AMA PRA Category I Credit™.

Two New Events for Hospital Week!

Stephanie Olson, Human Resources

Angel Raffle

Proceeds from a week long raffle will go towards the purchase of the Angel of Hope for our Cherished Angels Memory Garden. The Garden honors the babies who left this earth



too soon and offers a place for family and friends to grieve and reflect upon the loss. Prizes will include a mountain bike, Cardinal Fitness membership Great America tickets, and a massage gift certificate. Tickets will be sold outside Café 95 during lunch hour all week and our winners will be chosen on Friday, May 11th.

Karaoke Time!

If you are one who watches American Idol and think "I could do that," here is your chance! On

Thursday, May 10th, employees are invited to share their talents by singing Karaoke in Café 95 from 11 a.m. to 2 p.m.

Individuals and groups will be able to select from a number of tracks and wow fellow employees during their lunch hour. A token of thanks will be given to everyone who participates. So gather your friends, start practicing and come ready to sing!



Update from the Cancer Center

Beth Vaclavik, The Cancer Center

Did you know that May is Skin Cancer Awareness Month? Skin Cancer is the most common of all cancers. Most skin cancers are:

- *slow growing
- *easy to recognize
- *relatively easy to treat when detected early.

The American Cancer Society estimates more than one million new cases of highly curable basal and squamous cell cancers occur each year in the United States. In the March/April Cancer Journal for Clinicians, the American Cancer Society has published projections for skin cancer. In fact, in 2006 they projected approximately 62,190 people will be diagnosed with melanoma, the most serious form of skin cancer, and they projected 7,910 will die.

Signs/Symptoms of Non-Melanoma skin cancer:

1. a new growth
2. a new spot that is getting larger
3. a visible sore that does not heal within three months

Signs/Symptoms of Melanoma:

1. Change in size, shape or color of a mole
2. Scaliness, bleeding or change in the appearance of a bump or mole
3. Change in sensation, itchiness, tenderness or pain in a mole or other growth.

Stop by our community resource library on the main floor of the cancer center to get more information.

Trading Post

For Sale: West Beverly Raised Ranch, two bedrooms, one bath. Call 773.744.4113 for details.

From the Health Education Centers

Health Promotion Services — Please call 708.423.5774 for reservations or information.

At Little Company of Mary Street Safety for Women

Update your skills to maintain your personal safety with hands-on demonstration with retired police Sergeant Mary Ann Doherty. May 7 from 6:30 to 8 p.m., \$5.

Asthma Screenings

Evan McLeod, M.D., will screen adults 16 and older, by appointment on May 15 from 11 a.m. to 1 p.m. Free.

At Westfield Chicago Ridge Blood Pressure and You: *Silent Killer*

Mary Jarosz, R.N., B.S., presents this lecture on May 17 at 10 a.m. Free.

Savvy Seniors: *Osteoporosis — Diagnosis and Treatment*

Mary Jarosz, R.N., B.S., presents this lecture on May 10 from 1 to 2 p.m. Free.

Savor the Flavor

Learn how to prepare delicious and healthy recipes while watching fat and salt intake — with Lisa Mecetich, R.D., and Chef Jim Denvir. The program includes taste testing, so reservations are required. Join us May 17 from 6 to 7 p.m. Fee \$5.

Health Academy for Men: *Tuning Up For Summer*

This program will help you get ready for summer with exercise and nutrition tips with Maria Londos, M.S., R.D., C.D.E. A light menu is included May 15 from 5 to 7 p.m. Free.

Westfield Walkers Club: *Stepping into Summer*

Join us for refreshments and learn about good health on May 18 from 8 to 9 a.m. Free.

Spirit Redemption Day

Stephanie Olson, Human Resources



Our first redemption day for the "Your Spirit Makes the Difference" (green tickets) was held on April 17. The sixth floor rotunda area was turned into a treasure seeker's paradise, complete with music and disco lights. Employees were able to exchange their green tickets for various prizes based upon how many tickets they had. Prizes included movie tickets, gift certificates, and t-shirts just to mention a few. Thank you to all who participated or stopped by.

If you are not familiar with this employee to employee recognition program please ask your manager for more information. Our next redemption day will be June 26, so save those green cards, and remember this program is a great way to thank your fellow employees for a job well done.

Gamesmanship

Margie Ritchie, Public Relations and Marketing



The Oak Lawn High School Math Department recently donated board games to Little Company of Mary's Pediatrics. Pictured (l-r): Oak Lawn High School Math Teachers, Brian Fiene and David Jodelka.

"Rounds" is published 23 times a year by the Public Relations Department of Little Company of Mary Hospital and Health Care Centers. It provides information for and about the employees of Little Company of Mary.

The next "Rounds" will be distributed Friday, May 18. The deadline for this issue is noon, Wednesday, May 9.

"Rounds" was prepared by:
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