

# Cardinal Fitness Membership Offer

As of January 1, 2007, Little Company of Mary employees can join Cardinal Fitness Oak Lawn for a discounted initiation fee of \$39 (normally priced at \$119).



Monthly fees are \$19.95 for individuals, \$31.95 for couples, and \$38.95 for families of 3. Spouses, significant others, and children ages 12-22 can be added for an additional \$19 per person.

Further family Discounts are available. Please bring your employee badge with you as proof of employment.

Cardinal Fitness offers brand-new state of the art exercise equipment including treadmills, ellipticals, cross-trainers, step mills, stair climbers, 2 lines of strength machines, and free weights.

Members receive free equipment instruction, complimentary locker rooms with showers, friendly customer service, and memberships are valid at all of their more than 50 locations.

For further details about the membership, please contact Cardinal Fitness directly at 708.636.7300. (Fees subject to change over time; please call to verify current rates.)